

## IN PERSON, LOCAL COMMUNITY SERVICE OPPORTUNITIES

<b>Organization Name</b>	<b>Description</b>	<b>Location</b>	<b>Website</b>	<b>Phone</b>
Gardening the Community	Urban farming initiative with Terracorps	Walnut St., Springfield	<a href="http://www.gardeningthecommunity.org">http://www.gardeningthecommunity.org</a>	413-693-5340
Ronald McDonald House	Assisting families in pediatric oncology care	34 Chapin Terrace Springfield, MA 01107	<a href="https://rmhc-ctma.org/what-we-do/rmh-springfield/">https://rmhc-ctma.org/what-we-do/rmh-springfield/</a>	(413) 794-5683
Springfield Partners for Community Action	Childcare center, veterans' aid, financial counseling, housing assistance and more	721 State Street, Second Floor Springfield, MA 01109	<a href="http://www.springfieldpartnersinc.com">http://www.springfieldpartnersinc.com</a>	(413) 263-6500
Kestrel Land Trust	Ecological conservation and tourism	Office in Amherst, service locations vary through Western MA	<a href="https://www.kestrreltrust.org/">https://www.kestrreltrust.org/</a>	413-549-1097
United Way of Pioneer Valley	Youth development, financial wellness, basic needs	1441 Main Street, Suite 147 Springfield, MA 01103	<a href="https://www.uwvp.org">https://www.uwvp.org</a>	413-737-2691
Boys and Girls Club	Childcare and education	Acorn St, Springfield MA	<a href="https://www.bgcfamilycenter.org">https://www.bgcfamilycenter.org</a>	413-739-4743
Boys and Girls Club	Childcare and education	Carew St., Springfield MA	<a href="https://www.sbgc.org">https://www.sbgc.org</a>	413-732-7201
Horizons for Homeless Children	Childcare	425 Union St, West Springfield, MA 01089	<a href="http://horizonschildren.org">http://horizonschildren.org</a>	413-532-0467
Friends of the Homeless	Emergency shelter	755 Worthington St, Springfield, MA 01105	Facebook page	413-732-3069
Springfield Rescue Mission	Homeless shelter and open pantry	10 Mill Street, P.O. Box 9045 Springfield, MA, 01102-9045	<a href="https://springfieldrescuemission.org">https://springfieldrescuemission.org</a>	413-732-0808
Grey House	Adult and child education programs, food pantry	22 Sheldon St. Springfield, MA 01107	<a href="http://grayhouse.org">http://grayhouse.org</a>	413-734-6696
Open Pantry Community Services	Emergency food pantry and services for homeless or at-risk youth and adults	287 State Street, P.O. Box 5127 Springfield, MA 01101-5127	<a href="https://www.openpantry.org/index.php">https://www.openpantry.org/index.php</a>	413-737-5354
Dress for Success Western Massachusetts	Empowerment and development programs for women	1655 Boston Road Springfield, Massachusetts 01129	<a href="https://westernmass.dressforsuccess.org/get-involved/volunteer/">https://westernmass.dressforsuccess.org/get-involved/volunteer/</a>	413-732-8179
YWCA	Women's shelter, youth programs and anti-racism initiatives	1 Clough St., Springfield MA	<a href="https://www.ywworks.org">https://www.ywworks.org</a>	413-732-3121
YMCA	Youth development, healthy living and social responsibility	Tower Square 1500 Main Street, Suite 200 Springfield, MA 01115	<a href="http://www.springfieldy.org">http://www.springfieldy.org</a>	413-739-6951
Beacon Hospice	Companionship and care for hospice patients	815 Worcester St., Springfield MA	<a href="https://locations.amedsys.com/ma/springfield/beacon-hospice-care.html">https://locations.amedsys.com/ma/springfield/beacon-hospice-care.html</a>	413-543-3133

Springfield Museums	Hasbro Games and Art Discovery Center children's programs	21 Edwards St., Springfield MA	<a href="https://springfieldmuseums.org">https://springfieldmuseums.org</a>	413-263-6800
Citizen's Climate Lobby	Action addressing climate change	245 Porter Lake Drive, Springfield, MA	<a href="https://citizensclimatelobby.org/chapters/MA_Springfield/">https://citizensclimatelobby.org/chapters/MA_Springfield/</a>	413-433-9718
American Cancer Society	Fundraising and awareness events to support cancer research	330 Whitney Ave #420, Holyoke, MA 01040	<a href="https://www.cancer.org">https://www.cancer.org</a>	413-493-2100

**Local**

- Farms, farm share or farmer's markets.
- Faith groups.
- Local civic associations to help during community clean up days and advocacy.
- Participate in corporate community giving days.

## VIRTUAL VOLUNTEER OPPORTUNITIES

### Literacy and Education Online Volunteer Opportunities

- **Bookshare.Org** offers thousands of books to people with reading disabilities. As an online volunteer, you can either scan books to be added to the collection or edit books that have been scanned.
- **Career Village** is an online platform in which students ask career questions that are answered by people working, or who have worked, in that field. All you need is a LinkedIn account to start helping students.
- **Distributed Proofreaders** has online volunteers turning public domain books into online books, mostly for [Project Gutenberg](#).
- **Learning Ally** empowers dyslexic, blind and visually impaired students to succeed in school. There are a few online volunteer options to choose from. Use your voice talent to bring juvenile fiction books to life; listen to juvenile and popular fiction and provide feedback to narrators around fluency, tone, mispronunciations and audio quality; conduct quality assurance playing books back just like students will, and checking for anything that would result in a less-than-enjoyable listening experience
- **Skills for Change** lets you assist international professionals in their settlement process, language skills development and provide entrepreneurship guidance.
- **StoriiTime** lets parents set up a video call with their child and an isolated senior. Seniors can read children’s books to little ones, or kids can read to a senior. “This virtual interaction can improve a child’s listening, social and vocabulary skills and support seniors by bringing joy and a connection to an experienced older generation.”
- **TED Translators** subtitle global TED Talks, enabling the ideas in them to transcend languages and borders.
- **Translators Without Borders** recruits volunteers who want to translate texts into different languages for NGOs and nonprofits.
- **UPchieve** is a free online platform matching low-income high school students in the U.S. with volunteer coaches. Coaches provide either math tutoring or basic college advice to help students improve their grades, academic motivation and chances of going to college. As one of UPchieve’s students put it, UPchieve is “**lit very cool.**”

### Veterans and Active-Duty Online Volunteering

- **American Corporate Partners** provides veterans with mentoring through [ACP AdvisorNet](#), which is an online network of volunteer advisors who commit to sharing their business expertise and advice with military veterans and their immediate family.
- **Hire Heroes USA** has volunteers participate remotely helping veterans and their spouses with mock interviews, career counseling, or providing guidance on job searches, preparing resumes and filling out applications.
- **Soldiers’ Angels** has several family friendly options to give back to our troops and veterans. Some involve joining a virtual team to write letters, send cards or bake treats to send to soldiers. To join a team, you’ll need to pay a \$1 monthly donation. Other virtual volunteering (no team required) involves making masks, no-sew blankets, para-cord bracelets and cards of support. [Learn more here!](#)

### Health and Well-Being Online Volunteer Opportunities

- **Adopt a Nursing Home** recognizes the downsides of limiting nursing home residents’ visitors—seeing friends and family is crucial to emotional and mental health. So one solution The Texas Health Care Association has launched is the Adopt A Nursing Home campaign. This provides the ability to send online messages or physical letters of encouragement to residents and staff. [Check it out here.](#)
- **Amnesty Decoders** brings together volunteers from around the globe to use their computers or phones to help sift through pictures, information and documents researching and uncovering human rights violations.
- **Be My Eyes** is a free mobile app that connects blind and low-vision individuals with sighted volunteers from all over the world through a live video call. You essentially lend your eyes to help with things like checking expiration dates, distinguishing colors, reading instructions or navigating new surroundings.
- **CHD Living** owns 13 nursing homes around London and is inviting English speakers from around the globe to apply online to be virtual volunteers for its “Adopt a Grandparent” program. Through this, you’ll be assigned a “grandparent” based on common interests to have video calls with. This is a wonderful way to keep spirits high for those in isolation as well as foster mental stimulation.
- **Crisis Text Line** is a free 24/7 national crisis-intervention and counseling service conducted exclusively through SMS text. Volunteers provide emotional support to texters who are dealing with issues (bullying, self-harm and more). In order to become a volunteer, you must go through screening and 30 hours of training. From there, you will be asked to volunteer four hours a week until 200 hours in a year are reached.

- **IMAlive** is a live online crisis service from the Kristin Brooks Hope Center, To Write Love On Her Arms and PostSecret. Online volunteers must be at least 18 years old (16 with parents notarized consent), complete at least 20 hours of training and a series of tests and screenings, and be willing to commit to responding four hours a week for one year, or eight hours a week for six months. You also must pay—or fundraise—to cover training and support costs.
- **OpenMRS** is a worldwide network of volunteers from many different backgrounds, including technology, health care and international development. They are working to build the world’s largest and most flexible technology platform to support delivery of health care in some of the most challenging environments on the planet.
- **Tarjimly** provides refugees with on-demand language access via volunteers who can help with translation support through a live chat session.
- **Trevor Project** is an online, social networking community for lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth as well as their friends and allies. Online volunteers monitor the TrevorSpace site to ensure a safe online space for young LGBTQ people and answer texts or chat messages from struggling youth. Online trainings consist of 40 hours of materials.
- **VocaliD** designs personalized synthetic voices for people who have lost their voice or have severe speech impairments. Share your voice and help drive innovation in voice technology.

#### Archives, Disaster, Research and Maps Online Volunteering

- **American Red Cross** needs volunteers to act as digital advocates. Volunteers can help generate donations to the Red Cross and help share important updates on social media.
- **Ancestry.com’s World Archives Program (AWAP)** provides free software to volunteers in order to access already-scanned images and transcribe them into a common, publicly-searchable database to help others discover their roots.
- **Carnamah Historical Society virtual volunteering initiative** uses online volunteers to help with transcription and indexing projects to make historical records more discoverable and searchable.
- **National Park Service** online volunteers can test, evaluate or develop elements of the NPS’ online presence.
- **OpenStreetMap** is a free editable map of the whole world. It is made by online volunteers, and anyone can contribute to its geographical database.
- **Smithsonian Archives of American Gardens** is an online database of thousands of images in the Smithsonian’s Collections Search Center. By correctly tagging an image regarding the types of plants in the image, the structures, objects, people or any details you notice, you help make that image more useful to professional catalogers.
- The **Smithsonian Digital Volunteer program** has you transcribe historic documents and collection records to facilitate research and preserve these valuable assets for future generations.
- **Zooniverse** gives people of all ages and backgrounds the chance to participate in real research with over 50 active online citizen science and humanities projects. [Check out available projects that you might be able to contribute to here.](#)

#### For More Virtual Volunteer Opportunities

**All for Good** is Points of Light’s database of thousands of volunteer opportunities. To find virtual opportunities, enter “virtual” in your search under “More options.”

**Catchafire** matches professionals with nonprofits based on skills, cause interest and time availability.

**Idealist** has tons of volunteer tasks, including a COVID-19 section, listed on its site. Many of these can be completed online.

**VolunteerMatch** lets you explore hundreds of virtual volunteer opportunities across health and medicine, children and youth, education, community building and more.

Sunday September 27th,  
8am-12pm  
Walk to end Alzheimers, HCC

Wednesday September 23rd,  
7-8:30pm  
All Politics is Local, Getting Engaged Where We Are, information seminar for new voters, Springfield College

OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
<p>5  <b>1:35-2:35 P.M.</b>                      West African Dance and Discussion with Tara Murphy (all levels)  <b>Dancers Against Racism Series: Move for the Movement</b></p> <p>Zoom ID for all guest classes: <a href="#">939 8624 2373</a></p>	<p>6</p>	<p>7  <b>1:45-2:45 P.M.</b>                      West African Dance with Jason Aryeh (all levels)  <b>Dancers Against Racism Series: Move for the Movement</b></p> <p>Zoom ID for all guest classes: <a href="#">939 8624 2373</a></p>	8	9	10	11
<p>12  <b>2-3:30 P.M.</b>                      Indigenous People's Day Celebration with Jessica Moore of the Waccamaw Siouan tribe  <b>Dancers Against Racism Series: Move for the Movement</b></p> <p>Zoom ID for all guest classes: <a href="#">939 8624 2373</a></p>	<p>13  <b>7:30 pm</b>   <i>William Simpson Fine Arts Series Zoom ID: 559 865 5454</i>                       Allison Amend will read from her fourth novel, Credence, which explores the impact of a hate crime on two very different faith communities and follows the victims and perpetrator as they wrestle with their religion, their community, and their place in contemporary America.</p>	14	15	16	17	18
<p>19  <b>7 p.m. – Virtual Concert.</b>                      Musical Guest Artist</p>	<p>20  <b>1:15 P.M.</b>                      VIRTUAL TALKBACK/DISCUSSION</p>	21	<p>22  <b>9:30-10:30 A.M.</b></p>	23	<p>24  <b>10am - 1pm</b>                      Out of the Darkness – Run for Suicide Prevention</p>	25

<p>Performance and Discussion Featuring Mehmet Ali Sanlikol</p> <p>William Simpson Fine Arts Series Zoom ID: 559 865 5454</p>	<p>Musical Guest Artist Performance and Discussion Featuring Mehmet Ali Sanlikol</p> <p>William Simpson Fine Arts Series Zoom ID: 559 865 5454</p>		<p>West African Dance with Tara Murphy (students only) Dancers Against Racism Series: Move for the Movement</p> <p>Zoom ID for all guest classes: <a href="#">939 8624 2373</a></p>		<p><i>For more information, please contact:</i></p> <p>Contact Name: Lyndsey Nunes</p> <p>Contact Phone: 413-387-3770</p> <p>Email: <a href="mailto:lyndseynunes@gmail.com">lyndseynunes@gmail.com</a></p>	
<p>26 2:45-4 P.M. (INTERMEDIATE LEVEL)</p> <p>Jazz Fusion with Brittany Monachino Dancers Against Racism Series: Move for the Movement</p> <p>Zoom ID for all guest classes: <a href="#">939 8624 2373</a></p>	<p>27 7:30 P.M.</p> <p>Poetry/Fiction Reading by DeMisty D. Bellinger <b>October 27, 7:30 p.m.</b></p> <p>In cooperation with the Office of Multicultural Affairs A.S.E.A.T. at the Table week of programming on social justice issues</p> <p>William Simpson Fine Arts Series Zoom ID: 559 865 5454</p> <p><a href="http://demistybellinger.com">demistybellinger.com</a>.</p>	<p>28 2:45-4 P.M. (INTERMEDIATE)</p> <p>Dancehall with Alysia Douglas Dancers Against Racism Series: Move for the Movement</p> <p>Zoom ID for all guest classes: <a href="#">939 8624 2373</a></p>	<p>29</p>	<p>30</p>	<p>31</p>	

NOVEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3	4	5	6	7	8
9	<p>10  <b>4:30-6 P.M.</b>                      West African                      Dance with Jason                      Aryeh                      (intermediate)  <b>Dancers Against                      Racism Series:                      Move for the                      Movement</b></p> <p>Zoom ID for all                      guest                      classes: <a href="#">939                      8624 2373</a></p>	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



DECEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 4:30-6 P.M. Horton-Ailey with Lakey Evans-Peña <b>Dancers Against Racism Series: Move for the Movement</b>  Zoom ID for all guest classes: <a href="#">939 8624 2373</a>	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	